

Handy Tips for Primary 1



- **Name** - Put your child's name on **everything** (ties, gym shoes, jackets etc)
- **Gym shoes** - Indoor gym shoes must be worn at all times. These will remain in school each day.
- **School shoes** - Please ensure your child can fasten their shoes independently. We recommend buckle or Velcro shoes if they cannot yet tie their own shoelaces.
- **Homework** - Each child will be issued with a A4 plastic homework wallet. Please ensure your child's school bag is reasonably sized to accommodate their homework folder.
- **Gym days** - We recommend sending your child wearing a polo shirt on gym days. Each class has PE twice per week.
- **Pencil cases** - Children do not need to bring in their own stationery since everything that they need will be provided in class.

Food and Drinks

- **Water** - Children are encouraged to bring a bottle of water to drink during class (no flavoured water, fizzy juice or diluting juice allowed). Please ensure that this bottle has your child's name on it and is fitted with a sports cap to avoid having to take the lid on and off.
- **Snack** - For playtime, one small snack and a drink is more than enough.
- **Lunch order** - The children will choose a hot or cold meal and order in class each morning. Menus can be found on our school website.
- **Lunchtime** - Primary 1-3 children automatically receive free school meals. Drinking water is available for all children.
- **Milk** - If your child would like milk at lunch, this should be paid for via ParentPay. Details on how to access ParentPay will be sent home at the start of session. If you are in receipt of benefits, your child may qualify for free school milk. Please see South Lanarkshire Council's website for details.
- **Home Lunch** - Children can go home for lunch. If so, they must be collected from the school office and should return to school via this door too.
- **Packed Lunch** - Please limit the amount you put in lunchboxes. A sandwich, one piece of fruit, drink and a treat are ample, otherwise the children spend all their lunchtime eating and do not get out to play with their friends. No glass bottles, fizzy juice or cans, please.